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**Nursing**

# NBCSN-NCSN

*NBCSN National Certified School Nurse*

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**Question: 1072**

What is a primary purpose of an Individualized Healthcare Plan (IHP)?

- A. To provide a detailed plan for managing medical needs during school hours.
- B. To outline the student's academic goals.
- C. To replace an IEP.
- D. To serve as a disciplinary action plan for health-related issues.

Answer: A

Explanation: An IHP outlines how a student's medical needs will be managed during the school day, ensuring their health and safety.

**Question: 1073**

In which situation would a school nurse be legally required to report a student's health information without consent?

- A. When the parent requests the information
- B. When the student is absent from school
- C. When there is a suspected abuse or neglect
- D. When the information is requested by a teacher

Answer: C

Explanation: A school nurse is legally required to report health information without consent in cases of suspected abuse or neglect to protect the child's welfare.

**Question: 1074**

A school nurse suspects a student has a throat infection. What is the most appropriate initial action?

- A. Refer to an ENT specialist
- B. Document symptoms
- C. Obtain a rapid strep test
- D. Monitor for fever

Answer: C

Explanation: Obtaining a rapid strep test is essential for confirming or ruling out strep throat, guiding appropriate treatment decisions.

**Question: 1075**

A school nurse is assessing a student exhibiting signs of anxiety and panic. What is the most appropriate initial intervention?

- A. Encourage the student to talk about their feelings
- B. Provide a quiet, safe space for the student
- C. Suggest deep breathing exercises
- D. All of the above

Answer: D

Explanation: Providing a supportive environment, encouraging open communication, and suggesting coping strategies are all appropriate interventions for anxiety.

**Question: 1076**

A student presents to the nurse's office with a rash after using a new laundry detergent. What should the nurse do first?

- A. Advise the student to stop using the detergent.
- B. Document the findings and monitor the rash.
- C. Apply a topical treatment to the rash.
- D. Refer the student to a dermatologist.

Answer: A

Explanation: Advising the student to stop using the new detergent is an immediate action to prevent further irritation or allergic reactions.

**Question: 1077**

Which of the following best describes the role of the school nurse in managing a student's chronic health condition?

- A. To ignore the condition to maintain focus on academics.
- B. To enforce disciplinary measures related to health issues.
- C. To develop the IEP independently.
- D. To provide ongoing assessment and management of the condition.

Answer: D

Explanation: The school nurse plays a vital role in ongoing assessment and management of chronic health conditions to support the student's educational experience.

**Question: 1078**

What is the role of school health services in supporting students with chronic health conditions?

- A. To manage all aspects of the students' care

- B. To replace healthcare providers
- C. To provide education and resources for self-management
- D. To monitor student performance only

Answer: C

Explanation: School health services support students with chronic health conditions by providing education and resources that enable self-management and promote a healthy school environment.

**Question: 1079**

During evaluation of a mental health intervention, which method is most effective for assessing the impact on the student's psychosocial health?

- A. Conducting follow-up interviews
- B. Comparing academic performance
- C. Monitoring attendance
- D. Collecting peer feedback

Answer: A

Explanation: Conducting follow-up interviews provides direct feedback from the student regarding the effectiveness of the intervention and areas for improvement.

**Question: 1080**

What is the most appropriate initial treatment for anaphylaxis?

- A. Antihistamines
- B. Corticosteroids
- C. Epinephrine

D. Oxygen therapy

Answer: C

Explanation: Epinephrine is the first-line treatment for anaphylaxis, as it rapidly reverses the airway constriction and vascular collapse.

**Question: 1081**

Which of the following is considered a modifiable risk factor for childhood obesity?

- A. Family history of obesity
- B. Socioeconomic status
- C. Age
- D. Physical inactivity

Answer: D

Explanation: Physical inactivity is a modifiable risk factor that can be changed through lifestyle interventions, unlike age or family history.

**Question: 1082**

In the context of the school environment, which of the following best describes the concept of "duty to warn"?

- A. The obligation to inform parents of all student health issues
- B. The responsibility to report imminent threats to a student's safety
- C. The legal requirement to disclose all health records to staff
- D. The duty to ensure students follow health protocols

Answer: B

Explanation: The "duty to warn" refers to the obligation to report imminent threats to a student's safety, ensuring that appropriate measures are taken to protect the student and others.

**Question: 1083**

A school nurse is assessing a student who reports persistent headaches. Which of the following is the most appropriate initial action?

- A. Refer the student to a neurologist
- B. Administer over-the-counter pain relief
- C. Conduct a detailed health history
- D. Schedule a follow-up appointment

Answer: C

Explanation: Conducting a detailed health history allows the nurse to gather subjective and objective data to understand the potential causes of the headaches before any referrals or treatments.

**Question: 1084**

Which sexually transmitted infection is often asymptomatic in both men and women but can cause severe complications if untreated?

- A. Gonorrhea
- B. Chlamydia
- C. Herpes
- D. HIV

Answer: B

Explanation: Chlamydia is frequently asymptomatic, especially in women, but can lead to serious reproductive health issues if not diagnosed and treated promptly.

**Question: 1085**

Which action by a school nurse would constitute a violation of patient confidentiality?

- A. Keeping health records secure and private
- B. Discussing a student's health with their parent without consent
- C. Reporting a contagious disease to public health authorities
- D. Educating staff on health issues without naming individuals

Answer: B

Explanation: Disclosing a student's health information to a parent without the necessary consent violates patient confidentiality and ethical standards.

**Question: 1086**

Which intervention is most appropriate for a student exhibiting signs of school refusal due to anxiety?

- A. Develop a gradual re-entry plan
- B. Enforce strict attendance policies
- C. Provide academic accommodations
- D. Counsel the student on coping strategies

Answer: A

Explanation: A gradual re-entry plan helps the student acclimate back to school

at a manageable pace, reducing anxiety and promoting attendance.

**Question: 1087**

A student is found to have a high fever and a rash that does not blanch with pressure. What condition should the nurse suspect?

- A. Chickenpox
- B. Meningococcal infection
- C. Scarlet fever
- D. Measles

Answer: B

Explanation: A non-blanching rash with a high fever is characteristic of meningococcal infection, which is a medical emergency requiring immediate treatment.

**Question: 1088**

Which of the following is a common side effect of long-term corticosteroid therapy in children?

- A. Weight loss
- B. Hyperactivity
- C. Hypertension
- D. Hypoglycemia

Answer: C

Explanation: Long-term corticosteroid therapy can lead to various side effects, including hypertension, due to fluid retention and other metabolic changes.

**Question: 1089**

A school nurse is implementing a health promotion program on nutrition. Which statement made by a student indicates a need for further education?

- A. "Eating a variety of foods helps me stay healthy."
- B. "I can skip meals to lose weight."
- C. "Fruits and vegetables are important for a balanced diet."
- D. "Drinking water is better than sugary drinks."

Answer: B

Explanation: Skipping meals is not a healthy practice and can lead to nutritional deficiencies, illustrating a need for education on healthy eating habits.

**Question: 1090**

In assessing a student's risk for substance abuse, which factor is most predictive?

- A. Participation in extracurricular activities
- B. Parental supervision levels
- C. Academic performance
- D. Peer group influences

Answer: D

Explanation: Peer group influences are a significant risk factor for adolescent substance abuse, often impacting choices and behaviors.

**Question: 1091**

During a health assessment, a nurse suspects a student may have a learning

disability. What is the most relevant initial data collection tool?

- A. Parent and teacher questionnaires
- B. Academic performance records
- C. Behavioral assessment
- D. Medical history review

Answer: A

Explanation: Parent and teacher questionnaires provide comprehensive insights into the student's behavior and performance, aiding in the identification of learning disabilities.

**Question: 1092**

A student presents to the nurse's office with a severe allergic reaction to a bee sting. The student has a prescribed epinephrine auto-injector. What should the nurse do first?

- A. Call emergency services.
- B. Apply a cold compress to the sting site.
- C. Monitor the student's vital signs.
- D. Administer the epinephrine immediately.

Answer: D

Explanation: Administering epinephrine immediately is the priority in managing a severe allergic reaction to prevent further complications.

**Question: 1093**

Which legal document outlines the specific accommodations required for a student with a disability under Section 504?

- A. Individualized Education Plan (IEP)
- B. 504 Plan
- C. Emergency Action Plan
- D. Individualized Healthcare Plan (IHP)

Answer: B

Explanation: A 504 Plan details the accommodations and modifications required for a student with a disability to ensure equal access to education.

**Question: 1094**

A student with chronic migraines frequently visits the nurse's office. What is the best approach for the school nurse to take in managing this student's care?

- A. Recommend over-the-counter pain medication.
- B. Encourage attendance in all classes regardless of symptoms.
- C. Develop a personalized headache action plan.
- D. Suggest the student sees a counselor for stress management.

Answer: C

Explanation: A personalized headache action plan can help the student manage their symptoms effectively and provide guidance for both the student and staff.

**Question: 1095**

A school nurse is assessing a student for signs of dehydration. Which finding is most indicative of severe dehydration?

- A. Dry mucous membranes
- B. Dark urine

C. Decreased skin turgor

D. Rapid heartbeat

Answer: C

Explanation: Decreased skin turgor is a key indicator of severe dehydration, reflecting the body's loss of fluid.



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